

First Day Hikes

The Department of Conservation and Recreation invites you to join all 50 states on January 1, 2022 for a First Day Hike!



Breakheart Reservation First Day Hike

Co-sponsored by

Friends of Breakheart Reservation

Start off the New Year with an **invigorating First Day Hike** in a beautiful state park and make a resolution to burn off those extra holiday calories!

We will have **two guided hikes** through the paved loops of Breakheart. Be prepared for cold weather—dress in layers and wear winter boots. Bring your friends and family!

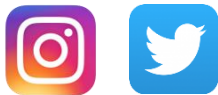
~**Meet at the Visitor Center at 10 am**~

Breakheart is located at 177 Forest Street, Saugus.

The Center will remain open until noon.

For more information call (781) 233-0834.

Share your adventures @MassDCR



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AMERICA'S
STATE
PARKS

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